



Announcement

Nordiska Ungdomsspelen

Castor Cup 2025

Interclub competition in figure skating
21nd to 23rd of February 2025

Sanctioned by the Swedish Figure Skating Association, IF Castor is pleased to invite you to participate in Castor Cup, a competition part of Nordiska Ungdomsspelen in Östersund.

GENERAL

Castor Cup 2025 will be conducted in accordance with the ISU Constitution and General Regulations 2024, the ISU Special Regulations and Technical Rules for Single & Pair Skating 2024 and the relevant ISU Communication 2624.

All ISU members and clubs, members of National Figure Skating Federations associated to ISU, are invited to take part in the competition.

The organizer reserves the right to limit the entries up to the maximum in relation to the available ice.

The clubs are asked to enter the skaters in the order in which they wish to be accepted to the competition.

As organizer, IF Castor reserves the right to participate with any number of skaters.

Order of priority;

1. Participants up to 16 years of age as a part of Nordiska Ungdomsspelen
2. International skaters.
3. Skaters from region Mellersta Norrlands Konståkningsförbund.

Confirmation and detailed time schedule together with list of participants will be announced 10 February 2025.

PLACE OF COMPETITION

Östersund Arena, heated, 30 x 60 m.
Arenavägen 27, Östersund.

EVALUATION

All categories ISU Judging System.

STARTING ORDER

Opening draw will take place at Östersund Arena. Starting order will be published at

<https://skate.webbplatsen.net/24-25/>

For skaters with both short program and free skating, the starting order for the free skating will be in reverse order of the result of the short program.

PRELIMINARY TIME SCHEDULE

Friday 21 st of February 2025	13:00	Opening draw
	18:00	Judges meeting
	19:00 – 21:00	Competition
Saturday 22 nd of February 2025	09:00 – 19:00	Competition
Sunday 23 rd of February 2025	09:00 – 16:00	Competition
	16.15 – 17.00	Round table discussion

RULES AND TECHNICAL DATA

ISU Regulations 2024 and the Swedish Figure Skating Association rules for interclub competitions for 2024/2025. Please note separate rules for non-ISU categories as described below.

Category	Age/Date of birth	Duration of the program	Technical rules	Translation for Swedish skaters
Senior Women	According to ISU_Senior	Short Program (SP) 2:40 +/- 10 sec Free Skating (FS) 4:00 +/- 10 sec	According to ISU Senior	Senior
Senior Men	According to ISU Senior	Short Program (SP) 2:40 +/- 10 sec Free Skating (FS) 4:00 +/- 10 sec	According to ISU Senior	Senior
Senior National Women	According to ISU	Short Program (SP) 2:40 +/- 10 sec Free Skating (FS) 3:30 +/- 10 sec	According to ISU Junior Women	Senior Nationell
Senior National Men	According to ISU	Short Program (SP) 2:40 +/- 10 sec Free Skating (FS) 3:30 +/- 10 Sec	According to ISU Junior Men	Senior Nationell
Senior Red Women	According to ISU	Free Skating (FS) 3:00 +/- 10 sec	According to ISU Advanced Novice Girls	Senior Röd
Senior Red Men	According to ISU	Free Skating (FS) 3:00 +/- 10 sec	According to ISU Advanced Novice Girls	Senior Röd
Senior Blue Women	According to ISU	Free Skating (FS) 3:00 +/- 10 sec	According to ISU intermediate Novice Girls	Senior Blå
Senior Blue Men	According to ISU	Free Skating (FS) 3:00 +/- 10 sec	According to ISU intermediate Novice Boys	Senior Blå
Junior Men	According to ISU	Short Program (SP) 2:40 +/- 10 sec Free Skating (FS) 3:30 +/- 10 sec	According to ISU Junior Men	Junior
Junior Women	According to ISU	SP 2:40 +/- 10 sec FS 3:30 +/- 10 sec	According to ISU Junior Women	Junior
Junior Red Men	According to ISU Junior	FS 3:00 +/- 10 sec Please note, free skating only	According to ISU Advanced Novice Boys	Junior Röd
Junior Red Women	According to ISU Junior	FS 3:00 +/- 10 sec Please note, free skating only	According to ISU Advanced Novice Girls	Junior Röd
Junior Blue Men	According to ISU Junior	FS 3:00 +/- 10 sec Please note, free skating only	According to ISU intermediate Novice Boys	Junior Blå

Junior Blue Women	According to ISU Junior	FS 3:00 +/- 10 sec Please note, free skating only	According to ISU intermediate Novice Girls	Junior Blå
Advanced Novice Boys	01/07/2008 – 30/06/2014	SP 2:20 +/- 10 sec FS 3:00 +/- 10 sec	According to ISU Advanced Novice Boys	Ungdom
Advanced Novice Girls older	01/07/2008 – 30/06/2011	SP 2:20 +/- 10 sec FS 3:00 +/- 10 sec	According to ISU Advanced Novice	Ungdom 16
Advanced Novice Girls younger	01/07/2011 – 30/06/2014	SP 2:20 +/- 10 sec FS 3:00 +/- 10 sec	According to ISU Advanced Novice	Ungdom 13
Intermediate Novice Girls	01/07/2008 – 30/06/2014	Free skating 3:00 +/- 10 sec	According to ISU intermediate Novice	Ungdom Blå
Intermediate Novice Boys	01/07/2008 – 30/06/2014	Free skating 3:00 +/- 10 sec	According to ISU intermediate Novice	Ungdom Blå
Novice Red Boys	01/07/2008 – 30/06/2014	Free skating 3:00 +/- 10 sec	According to ISU Advanced Novice	Ungdom Röd
Novice Red Girls	01/07/2008 – 30/06/2014	Free skating 3:00 +/- 10 sec	According to ISU Advanced Novice	Ungdom Röd

SENIOR WOMEN/MEN

Technical rules according to ISU

SENIOR NATIONAL Women/MEN

Technical rules according to ISU Junior

JUNIOR LADIES/MEN

Technical rules according to ISU

ADVANCED NOVICE GIRLS OLDER, YOUNGER/BOYS

Technical rules according to ISU Advanced Novice, Communication 2624

SENIOR, JUNIOR, NOVICE RED WOMEN/MEN

Technical rules according to ISU advanced Novice, Communication 2624

Knowledge of the skater

4 different double jumps, fully rotated

Three jump combinations with double and single jumps 2x+1x+2x

Jump combination double + double 2x+2x

Spin combination with change of foot (CCoSp), all basic positions 5+5 rev.

FSSp 6 rev

FCsp 6 rev

All difficult turns and steps

No 2A or triple jumps

SENIOR, JUNIOR BLUE WOMEN AND MEN, INTERMEDIATE NOVICE GIRLS AND BOYS

Technical rules according to ISU intermediate Novice, Communication 2624

Knowledge of the skater

Two different double jumps, fully rotated

Jump combination 1A+1Lo

Jump combination single jump + double jump (1x+2x)

Spin combination with change of foot (CCoSp) all basic positions 5+5 rev.

Three different difficult steps or turns

Camel spin (CSp) 6 rev

Sit spin (SSp) 6 rev

No 2A or triple jumps

ENTRY FEE

Entry fee 105 EUR (1200 SEK) for participants with two programs,
55 EUR (600 SEK) for participants with one program.

- For international Clubs:
Account holder: Idrottsföreningen Castor
International bank account (IBAN): SE87 9500 0099 6034 0033 2379
Bank identity (SWIFT): NDEASESS
- For Swedish clubs; IFCastor will send an Invoice.

Payment must be made in advance not later than February 4, 2025. If a skater withdraws from the competition after this date, the entry fee will not be refunded. In case of late entry, the fee is double.

ENTRIES OF COMPETITORS

Entries by international clubs shall be made via the entry form
IF Castor Svenska lag/Castor Cup (NUS) 20201 available at our website.

Each entry shall contain personal details, club, nation, technical data (category) and planned program content (PPC)

Swedish clubs are requested to make entries in IndTA for validation of test level and license.

Entries must be made to IF Castor no later than **February 3, 2025** via entry form provided.

Late entries may be available depending on the number of participants.

PLANNED PROGRAM CONTENT

Participants from international clubs enter planned program content (PPC) via the form IF Castor Svenska lag/Castor Cup (NUS) 20201 available at our website.

Participants from Swedish clubs enter planned program content (PPC) in the IndTA system.

It is mandatory that the PPC is filled in precisely by each Skater in English using the terminology for the elements listed in the respective ISU Communication.

MUSIC

Participants from international clubs shall provide competition music of good quality digitally. Please send the music as a MP3 file (maximum 10 MB) when the entry is made, but not later than **February 14**, to ifcastor.castorcup@gmail.com.

Swedish skater shall use IndTA to upload the competition music. Timeframe is the same as for international competitors. If the music files are not uploaded in time the organizer will charge double fee.

All participants are obliged to bring a spare CD or USB and present it to the organizer if requested. It must state the full name of the competitor, category, program (short/free) name of club, country and the recorded length.

Each program music (short and free) must be recorded on separate discs. No CD may contain more than one track.

AWARD CEREMONY

The three best placed skaters in each event will be announced and honored at the award ceremony.

All skaters achieve a plaque or comparable in Kiss & Cry after finished the free skating.

The award ceremony Saturday will be arranged in cooperation with all sports involved in Nordiska Ungdomsspelen.

For More information please visit the website of

<https://www.svenskalag.se/ifcastor-konstakning/sida/67133/castor-cup>

And <https://www.nordiskaungdomsspelen.se>

ENTRIES OF JUDGES

Each participating ISU Member and club with entries in at least two categories may nominate one international or national Judge. The organizer reserves the right to select judges.

Accommodation Friday-Monday and meals Saturday, breakfast until Sunday.

Lunch will be paid by the organizer for the selected judges.

Deadline for Entries of Judges is 31 January, 2025.

The confirmation of the list of judges will be announced by 3 February 2025.

GDPR, PERSONAL DETAILS

When entering the competition, participants and volunteers agree to their personal details being digitally registered by the organizer and that the organizer, regardless of media type, may publish data and photos from the competition.

If you have any questions of above, please contact us by email at

ifcastor.castorcup@gmail.com.

OFFICIAL HOTEL

We recommend the following accommodation:

Hotell Östersund Kyrkgatan 70 831 34 Östersund

063-575700

Clarion Hotel Grand Prästgatan 31, 831 31 Östersund
063-556000
Frösö Park Hotell
Cronstads väg 2 832 56 Frösön
Booking code: nus2025

Sportbyn, Östersund Arena
<https://questit.se/listings/480>
<https://questit.se/listings/479>
<https://questit.se/listings/481>

TRANSPORT

To Östersund you arrive with train, plane or by car.

IF Castor will provide transport service upon request. We offer transport between hotel and arena and transport to/from central Östersund, Scandic Östersund Syd or Frösö park at arrival and departure as follows:

- from train station Östersund Central, 6 EUR (65 SEK) per person one way
- from Åre-Östersund Airport, 6 EUR (65 SEK) per person one way
- from hotel within central Östersund, Scandic Östersund Syd or Frösö Park, 6 EUR (65 SEK) per person one way.

Airport buses are available from the airport to central Östersund.

Transport service shall be announced to the organizer with entry, no later than February 3, 2025.

Please use transport service form <https://www.svenskalag.se/ifcastor-konstakning/sida/67133/castor-cup> available at our website.

Payment for transport service must be made in advance not later than February 4, 2025.

MEALS

At the restaurant in the arena you can buy lunch, sandwiches, hot dogs, snacks etc.

LIABILITY

In accordance with Rule 119, the Organizing Committee accepts no liability for bodily or personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU member or their affiliated club is expected to provide their own insurance protection.

The Organizer will provide emergency medical services for all invited Officials and Competitors during the competition period.

ORGANIZING CLUB AND CONTACT INFORMATION

Idrottsföreningen Castor

<https://www.svenskalag.se/ifcastor-konstakning/sida/67133/castor-cup>

Please feel free to contact us with any questions by email to

ifcastor.castorcup@gmail.com

Organizing committee &
Entry and entry forms:

Maria Lundin

+46 70 212 83 09

INFORMATION

Castor Cup is a part of Nordiska Ungdomsspelen in Östersund. Information about the event and related activities available to all participants of Nordiska Ungdomsspelen will be published at <https://www.nordiskaungdomsspelen.se>.

**Looking forward to seeing you in Östersund at
Nordiska Ungdomsspelen and Castor Cup!**

